



Affected by
Domestic Abuse?

Domestic abuse is persistent and controlling behaviour by a partner or ex-partner which causes physical, sexual and/or emotional harm. It often gets worse over time. It is very common. We can help.

Domestic abuse can include, but is not limited to:

- Physical or sexual abuse.
- Psychological and/or emotional abuse.
- Coercive control (intimidation, isolation and controlling behaviour).
- Financial abuse.
- Harassment and stalking.
- Online or digital abuse.

If you or a friend or family member are being abused, Edinburgh Women's Aid are here to help.

Edinburgh Women's Aid offers free confidential non-judgemental support and information. We recognise that you are not to blame for what has happened and that you are the expert in your life and your safety. We are inclusive of trans-women and women in lesbian relationships, as well as heterosexual relationships. We are here to help any woman who has been affected by domestic abuse.

Drop-In:

Edinburgh Women's Aid
4 Cheyne Street, Edinburgh EH4 1JB

Opening times:

Mon, Wed, Thu & Fri	10am - 3pm
Tue:	10am – 7pm
Sat:	10am – 1pm

Email:

info@edinwomensaid.co.uk

Helpline:

0131 315 8110
www.edinwomensaid.co.uk

